



If you're sick, hurt or need health care advice, call CareEnhance®

Talk to a nurse, anytime, from anywhere. Just call 1 (866) 523-0078.

If you have a question, don't know how to treat a health condition or are unsure about what kind of care you need, a free call to a registered nurse can get you back on track. CareEnhance is not insurance but is offered in addition to your medical plan to help you take charge of your health.

A CareEnhance nurse will:

- Ask about your symptoms
- Direct you to an emergency room when necessary
- Help you decide if you should see a doctor
- Provide helpful self-care suggestions
- Even call back to see how you're feeling

When should you call?

Call anytime day or night when:

- You or a family member is sick, hurt or needs health care advice
- You're not sure whether to go to the emergency room, make a doctor's appointment or treat your problem at home

CareEnhance nurses:

- Have an average of 15 years hands-on clinical experience
- Are supported by doctors and the most advanced information systems
- Are able to assess your symptoms and help you decide on the best level of care





Some examples of health problems we can help with:

- Vomiting, nausea or upset stomach
- Cuts, minor burns, scrapes
- Colds, viruses, coughing
- Dizziness and headaches
- Sore throats or flu
- Back pain
- Crying or hot baby
- Just feeling bad, but you don't know why

Also try our AudioHealth Library®

CareEnhance also gives you access to general health information. When you call, you can access the AudioHealth Library directory and listen to recorded messages on a variety of health topics. If you have questions about information provided through this service, you should contact your physician.

Call the CareEnhance Nurse Advice Line anytime, 24 hours a day, seven days a week at 1 (866) 523-0078.

If you believe your condition is life-threatening or limb-threatening, call 911.

